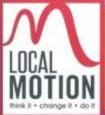
## Walking information and safety

LOCAL MOTION Itink it + change it + do it





For more information, please see Ordnance Survey Explorer 305 (Bishop Auckland, Spennymoor, Newton Aycliffe, Sedgefield & Crook).

- Take care when others are around and be aware of their needs.
- Before crossing roads always stop, look, listen and think.
- Use safe crossing places correctly if they are available.
- Always walk on the pavement.

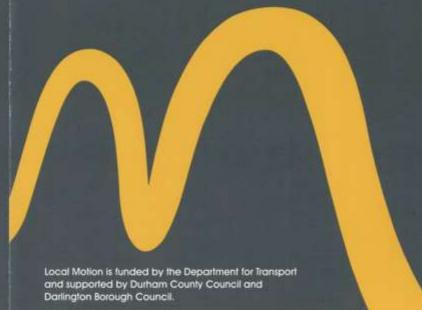
- Where there are no pavements, however, you should always walk on the side of the road on which the traffic is coming towards you.
- Keep to the public paths across farmland.
- Leave gates and property as you find them.
- Take extra care in areas with poor visibility.

- At night, or in dark conditions, wear bright or reflective clothing.
- Keep dogs under close control when cyclists or horse riders are nearby.
- If you have a dog with you please clean up after it and take waste to the nearest bin.
- Take your litter home.



For more information on walking maps or about the Local Motion project visit:

www.dothelocalmotion.co.uk
Freephone 0800 45 89 810
or email info@dothelocalmotion.co.uk





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## **Moor Nature Reserve Circular** 60 Minutes / 2 Miles

This walk begins at the Pioneering Care Centre on Carers Way. It takes you through a section of the Great Aycliffe Way and circles the Moor Nature Reserve.

## Walking instructions

From the PCP car park, turn right onto the footpath before Alan Gray Court.

Turn right again and follow the footpath through the nature reserve, all the way to the roundabout.

- 2 At the roundabout cross the road towards Carwardine Close and follow the path right to continue through the woods.
- 3 Take the right fork in the path to exit the woods onto Burnhill Lane and follow the road until you reach the next roundabout.

4 Turn left at the roundabout. You will see the entrance to the wooded area and a footpath sign on your left.

Enter the wood at this sign and follow an obvious path to the right. Follow this path through the wood.

5 You will pass large metal sculptures of a spider and some mushrooms, followed by a smaller set of mushrooms.

6 Continue on this path and before you reach the end you will see another clump of metal mushrooms, on your right just before you

exit the wood.



 Exit the wood onto Burn Lane.

To avoid having to walk through grass it is wise to cross the road, turn left and walk along Burn Lane.

(8) Cross Burn Lane at the crossing with the big stone on the far side and return to the PCP car park via the path in step 1.

This walk was originally developed by Get Walking, Keep Walking, a Ramblers Association project.



