

Walking information and safety

For a more detailed map, please see Ordnance Survey Explorer 305 (Bishop Auckland, Spennymoor, Newton Aycliffe, Sedgfield & Crook).

- Take care when others are around and be aware of their needs.
- Before crossing roads always stop, look, listen and think.
- Use safe crossing places correctly if they are available.
- Always walk on the pavement.
- Where there are no pavements, however, you should always walk on the side of the road on which the traffic is coming towards you.
- Keep to the public paths across farmland.
- Leave gates and property as you find them.
- Take extra care in areas with poor visibility.
- At night, or in dark conditions, wear bright or reflective clothing.
- Keep dogs under close control when cyclists or horse riders are nearby.
- If you have a dog with you please clean up after it and take waste to the nearest bin.
- Take your litter home.



www.dothelocalmotion.co.uk

For more information on walking maps or about the Local Motion project visit:

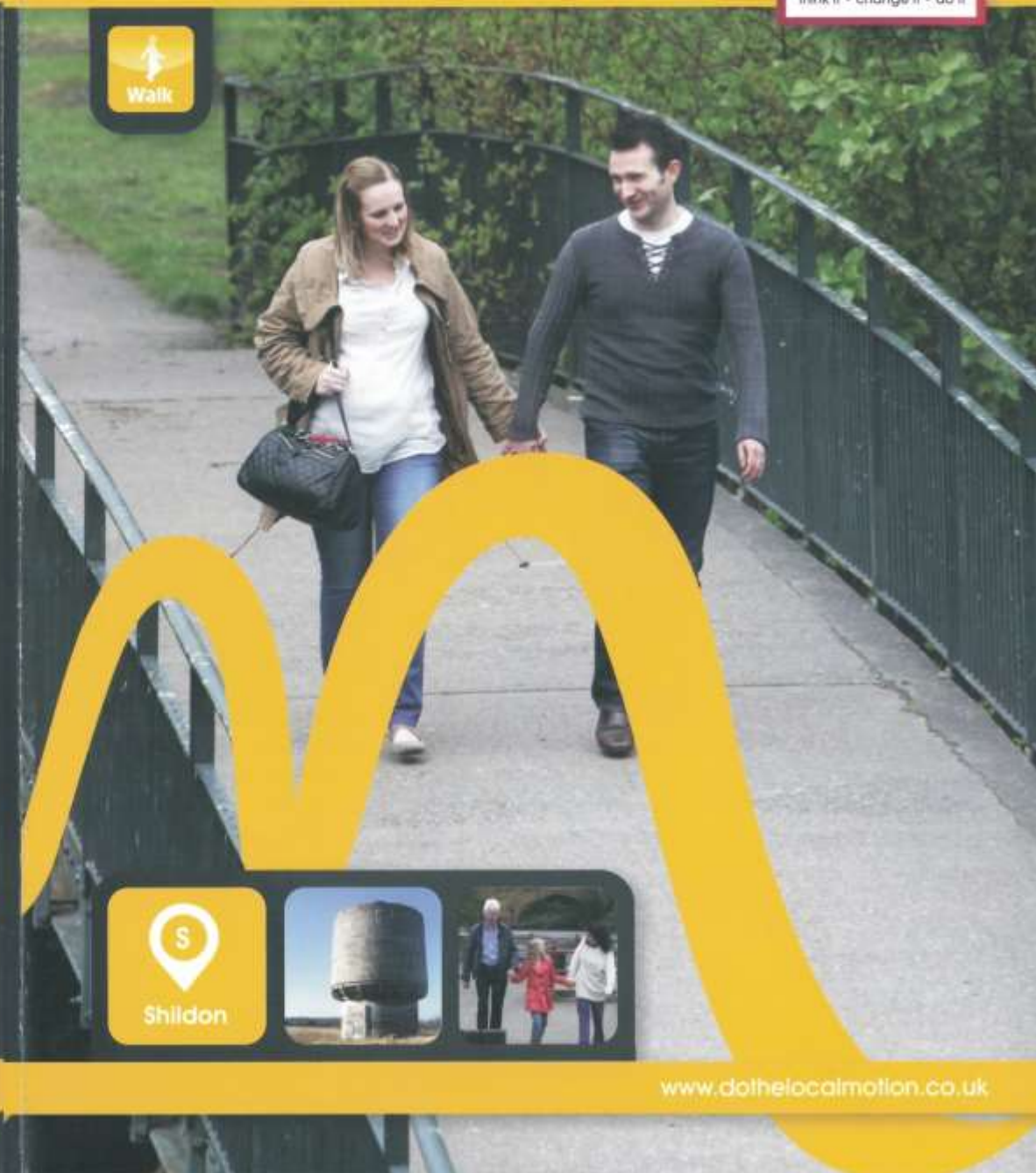
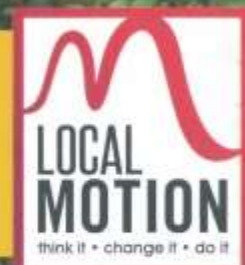
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Local Motion is funded by the Department for Transport and supported by Durham County Council and Darlington Borough Council.



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Newton Aycliffe to Shildon Rail Station



Shildon



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Newton Aycliffe to Shildon Rail Station

90 Minutes / 4 Miles

This walk begins at Newton Aycliffe railway station and ends at Shildon train station, taking you along scenic countryside bridleways and footpaths.

Walking instructions

Includes one uphill section (point 7).

Suitable for those who are relatively fit and confident to navigate in open countryside.

1 Cross the bridge at the Station and follow the path then road through the Oakleaf Sports Complex onto School Aycliffe Lane.

2 Cross the road and turn right along the path to School Aycliffe.

3 At the traffic lights, cross the road and turn left. Continue through the village to reach the traffic island and

continue along the footpath for approximately 100 metres looking for the Bridleway Sign on your right.

4 Turn right onto the bridleway (the water tower will be on your right) and follow the track alongside the trees.

5 At the end of this field, follow the footpath straight ahead to enter the tree lined bridleway. Continue straight through the field ahead to reach a gate.

6 Pass through the gate and continue straight ahead, to pass through another gate bringing you to Red House Beck.

7 Cross over the beck passing through another gate and follow the footpath sign up the hill to pass through another gate.

Head towards the single tree at the top of the hill then turn left, following the footpath sign across the field to reach Middridge Grange Farm.

There may not be an obvious footpath here, follow the direction of the sign.

8 Cross the stile to the left of Middridge Grange Farm buildings and follow the wall around to a gate. Pass through this and the following gate and straight through the farm yard to reach the lane ahead.

9 Follow the track to the right where it diverges to reach the entrance of Hawthorn House Farm.

10 Here take the way-marked, right hand path before the entrance to reach a stile at the bottom of the field.



11 Cross the stile (with the house on the left) following the track to the left.

12 After approximately 100 metres, take the unmarked footpath on the right to cross the footbridge, exiting over a stile following the path left, to the road.

13 Cross the road heading to Shildon railway station and the end of this walk.

Your Route

